

TAILORED TO SUPPORT STUDENT MENTAL WELLNESS

Mental Wellness Triage Grant has developed partnerships with 24 school districts to provide a Triage Social Worker one day per week for a two-year cycle, at no cost to the district. The district agrees to subsequently sustain a mental health professional that will fulfill the same job duties as a Triage Social Worker for at least one day per week for an additional two years.


The Triage Social Workers support their assigned school sites through individual, group, and family triage services. In addition, the Mental Wellness Triage Grant provides in-classroom mindfulness training to students throughout Tulare County.

Mental Wellness Triage Grant provides linkage to community resources and promotes active collaboration between school sites and their respective local children's mental health clinic. Mental Wellness Triage Grant also offers a variety of relevant and free training opportunities to all school districts and staff as well as parents and community members. MWTG staff participate in community events to promote mental wellness and assist with linkage of resources.


MWTG PROFESSIONAL STAFF

- Clinical Psychologist
- Licensed Clinical Social Workers
- Associate Clinical Social Workers
- Peer Support Specialists

CONTACT:

 Clinic:
(559) 730-2969

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 1830 S. Central St.
Visalia, CA 93277

 www.tcoe.org/bhs

The Mental Wellness Triage Grant was awarded to TCOE in partnership with Tulare County Health and Human Services and is funded by the Mental Health Services and Oversight & Administration Commission for 2018-2022

Tulare County
Office of Education

Tim A. Hire, County Superintendent of Schools



BEHAVIORAL HEALTH SERVICES
MENTAL WELLNESS TRIAGE GRANT

A PROGRAM OF THE
TULARE COUNTY OFFICE OF EDUCATION

IN PARTNERSHIP WITH THE
TULARE COUNTY HEALTH AND HUMAN SERVICES

Tulare County
Office of Education

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2020 DISTRICT PARTNERSHIPS

Allensworth Elementary School District
Alpaugh Unified School District
Burton School District
Cutler-Orosi Joint Unified School District
Dinuba Unified School District
Ducor Union Elementary School District
Earlimart School District
Exeter Union School District
Hope School District
Palo Verde Elementary District
Pixley Union School District
Porterville Unified School District
Richgrove Elementary School District
Rockford Elementary School District
Saucelito Elementary School District
Strathmore Union Elementary School District
Sundale Union School District
Terra Bella Union Elementary School District
Tipton Elementary School District
Traver Joint School District
Tulare City School District
Tulare County Office of Education
Waukena Joint Union School District
Woodlake Unified School District



SERVICES PROVIDED AT PARTNERSHIP SITES

- Brief Mental Health Support
- Interim Mental Health Support (pending community provider referral)
- Crisis Support
- SARB Support
- School Staff/Classroom Support
- Family Outreach & Support
- Community Linkage
- Social Emotional Groups
 - Social Skills
 - Anger Management
 - Friendship/Anti-bullying
 - Social Emotional Learning
 - Girls Circle
 - Mindfulness
- Monthly collaborative mental health meetings between school and Children's Mental Health providers
- Additional student wellness related services

MWTG MENU OF TRAININGS

- Youth Mental Health First Aid
- Trauma Informed Practices for Schools (TIPS)
- Mindfulness
- Social Emotional Learning (SEL)
- Mental Wellness: What is it and how do we foster it?
- Self-Care for Helpers
- Strategies for Supporting Students with Mental Health Needs
- Disengaged Students: What can we do to support them?
- Absenteeism: What does mental health have to do with it?
- Bullying
- Considerations for Effective De-escalation of Challenging Student Behaviors
- Suicide Prevention - safeTALK, suicideTALK, ASIST
- Cultural Awareness and Inclusion
- Culturally Sensitive Trauma Informed Practices

Additional trainings can be created to meet district needs